

summer 2008

appetizers & salads

chef's daily soup

small 3.99 large 5.99

bruschetta

with or without cheese
with 4.99 without 3.99

mixed field greens

with tomatoes, cucumbers & julienne carrot,
drizzled with basil balsamic vinaigrette
small 3.49 large 5.79

caesar

fresh romaine, herbed croutons, real bacon
& parmesan
small 3.99 large 6.29

coconut shrimp

with curried yogurt lime dip
6.99

garlic bread

with or without cheese
with 4.29 without 3.29

greek village

tomatoes, cucumbers, sweet peppers,
onions, black olives & feta
small 4.29 large 6.99

spinach

with pine nuts, raisins & mandarin
oranges, in a thai mandarin dressing
small 4.49 large 7.49

caprese salad

cherry tomatoes & bocconcini on a bed
of greens, with an olive oil & balsamic vinaigrette
small 4.59 large 7.59

add grilled chicken to any salad 3.49

add grilled salmon or shrimp 3.99

entrees

all day breakfast

2 eggs, how you like them, with bacon or
sausage, homefries & toast
5.99

vegetable teriyaki

on a bed of rice
6.99
add grilled chicken 3.49
add grilled salmon or shrimp 3.99

pork loin

grilled & served with mashed potato,
vegetable of the day and apple sauce
8.99

grilled salmon

with mango salsa, served with basmati rice
and vegetable of the day
8.99

pub grub

club wrap

grilled chicken, cheddar, lettuce, tomato
& roasted red pepper mayo
8.29

shrimp & avacado wrap

with lettuce & tomato
8.29

grilled veggie wrap

with aioli
7.29

philly steak wrap

roast beef with sauteed onions & peppers,
cheddar & horseradish mayo
8.29

steak sandwich

with caramelized onions
8.29

abyc burger

with lettuce, onion, tomato & pickle
7.99

salmon burger

with lettuce, tomato & mayo on the side
7.99

** all items come with your choice of chef salad, fries, or sweet potato fries
*substitute greek, caesar or spinach 1.89

build your own pizza

5.99

sauce choices tomato, pesto, garlic

cheese choices cheddar, mozzarella

toppings sweet peppers, hot peppers,
mushrooms, tomatoes, black olives, onions,
spinach
.79 each

add chicken, bacon or shrimp 1.29 each

nachos

crisp tortilla chips with sweet peppers, onions,
tomatoes & plenty of cheese
8.99

add chicken or shrimp 3.49

chicken wings

1lb jumbo roaster, with fries,veggies
& blue cheese dip
8.49

vegetable quesadilla

with grilled vegetables, salsa & cheese
4.29

add chicken or shrimp 3.49

chicken fingers

breaded chicken breast, served with fries
8.79

munchie platter

an assortment of bar favourites to share - wings, chicken fingers, mozzarella sticks, garlic bread &
nacho chips w/ salsa
13.95

basket of onion rings

3.29

sweet potato fries

3.59

basket of fries

3.29